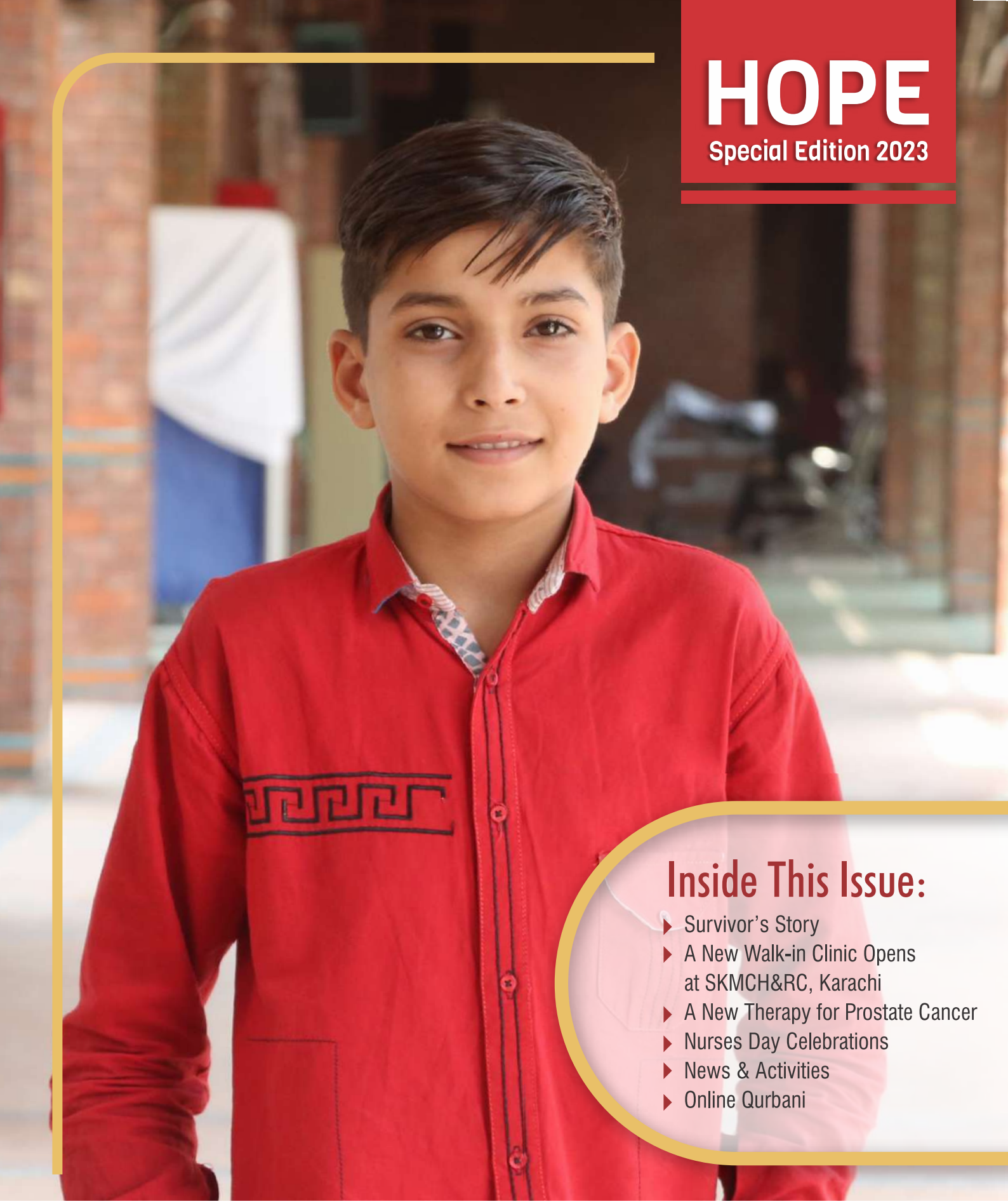
HOPE

Special Edition 2023



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Friends of Shaukat Khanum in Scandinavia

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Friends of Shaukat Khanum in Scandinavia (FSKS) is registered with the Brønnøysund Register Centre, Norway.
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SURVIVOR'S STORY:

Subhan celebrates five years in remission

"My son, Subhan was seven years old, a student of class 2, when we noticed a lump in his neck. We took him to a local clinic in Gujranwala where the doctor prescribed some medicines but the problem did not go away. After further tests, Subhan was diagnosed with Hodgkin's lymphoma, a type of cancer. I earn daily wages as a house painter, and the thought of exorbitant cost of cancer treatment made me worried sick. I knew about our nearest Shaukat Khanum Memorial Cancer Hospital and Research Centre, which was located in Lahore, two hours away from our home. The moment I arrived at the Hospital's Walk-in Clinic and they explained the way forward, my heart was immediately filled with hope. I received an orientation along with other patients where I received guidance about taking care of my child's nutrition and recommended exercises, which made me feel that I was not alone. Once Subhan's treatment started, which mainly included chemotherapy, I felt extremely relieved. The entire system was well organised so much so that I think I could have sent my son alone, without having to worry about him navigating the system. As I narrate my son's cancer journey today, he was discharged officially after staying in remission, without any signs of cancer, for five years. I am grateful to this hospital, and everyone who support this place, for giving my son a chance to fight cancer and celebrate life beyond cancer. He is in class 6 now and loves to take care of pet birds. I would like to give a message to other parents that if you detect anything unusual in your child's health that could be indicative of cancer, please visit your nearest Shaukat Khanum Walk-in Clinic.

BRINGING CANCER SCREENING CLOSER TO HOME:

A New Walk-in Clinic becomes operational at SKMCH&RC, Karachi

The Shaukat Khanum Memorial Trust has opened a new Walk-in Clinic in Karachi, which is its second cancer screening centre in the city. This Walk-in Clinic is located in DHA City at the site of Pakistan's third and largest specialist cancer hospital, the Shaukat Khanum Memorial Cancer Hospital and Research Centre, and serves as the first point of contact for patients with suspected or confirmed cancer diagnosis for further evaluation and treatment. The hospital, expected to open in December this year, will mark a new age in cancer diagnosis and treatment, not only for the people of Pakistan's largest city and economic powerhouse, Karachi, but also for people from all over Sindh and from Southern Baluchistan.

The newly functional Walk-in Clinic will especially benefit cancer patients from interior Sindh, providing access to cancer screening facilities closer to their homes. Similar to the other Walk-in Clinics in Lahore, Peshawar, and Karachi, patients will be seen on first come first served basis and evaluated according to medical guidelines. Patients accepted for treatment will undergo world-class treatment, irrespective of their ability to pay, at Shaukat Khanum facilities in Karachi and elsewhere in the country.

It is estimated that there are nearly 200,000 new cancer cases in Pakistan each year and more dedicated cancer facilities are needed to cater to the disease burden in the region. The treatment of cancer can be prolonged, and it is extremely difficult for patients to undertake long and costly trips

to access life-saving treatment. The burden of cancer is multi-faceted and includes financial, physical, and psychological aspects. Shaukat Khanum Hospital in Karachi will help us ease the burden of cancer for the people of southern regions of Pakistan by providing access to comprehensive cancer care, all under one roof.

As the project nears completion, people can donate generously and play their role in giving a gift of hope for the cancer patients of Southern Pakistan because where you live, should not determine if you live.

DONATE EVERY MONTH

You can pledge a monthly contribution for SKMCH&RC, Karachi, and make an ongoing commitment to help us inaugurate the project on December 29th, 2023.

EVERY MONTH

DONATE NOW > www.shaukatkhanum.org.pk/skmch-karachi/

OUR NURSES, OUR FUTURE

Nursing Education at SKMCH&RC

A future of patient-centered and humane healthcare, will be led by nurses who are often the best advocates for patients at the bedside. In Pakistan, there is a general shortage of nurses and as the Shaukat Khanum Healthcare System looks to expand its services, there is an increasing demand of nurses trained in oncology. At SKMCH&RC, we offer an excellent environment where nurses are considered an integral part of the team providing care. They are offered training opportunities for continuing professional growth. These include post registration diploma programmes in Oncology Nursing, Perioperative Nursing and Critical Care Nursing. Moreover, we offer one-year certificate courses for technicians in the fields of operating room and sterile supply technology. There is also an opportunity available for post-RN BS Degree in Cancer Nursing and we have fourteen students enrolled in the programme this year.

A NEW LIFELINE

Lu-177 PSMA therapy for prostate cancer patients

63-year old M. Younas from Jamshoro, Sindh, is the first patient who received Lu-177 PSMA therapy at SKMCH&RC, Lahore. The new therapy is a major step forward in treating prostate cancer. It uses a molecule that attaches to a specific protein on the cancer cell and destroys it. As of now, SKMCH&RC is one of the only two institutions offering this high-tech targeted cancer therapy in Pakistan.

INTERNATIONAL NURSES DAY CELEBRATIONS

OUR NURSES. OUR FUTURE.

International Council of Nurses

Participants at the International Nurses Day Event organised at SKMCH&RC, Lahore.

BMT nurse Ms. Rabia Ali, one of the winners of the poster competition, receiving a certificate from CMO of SKMCH&RC, Dr Aasim Yusuf.

Students of Post RN BS Oncology Nursing Degree Programme from SKMCH&RC, Lahore, performed a tableau highlighting the importance of SOPs in patient safety.

NEWS & ACTIVITIES

Health Award

SKMT received an award for Health in the Context of Philanthropy and Serving Those in Need at a ceremony organised by the Network for Human and Social Development. The award was presented by the President of Pakistan, Dr Arif Alvi, and received by Chief Operating Officer, SKMCH&RC, Lahore, Dr M. Tahir Aziz, PhD. On this occasion, President Alvi highlighted the importance of adopting a preventive approach to health. For nearly three decades, SKMCH&RC, has been promoting its mission of prevention, early detection, and treatment of cancer, where more than 75% of patients receive financially supported treatment each year.

Last Chemotherapy

Affan recently celebrated his last chemotherapy milestone and went back to his home in Khyber Pakhtunkhwa. Cancer is curable with your support.

13th Graduation Ceremony of Paediatric Cancer Patients

85 children graduated from Shaukat Khanum Hospital's Schooling Programme this year.

World Health Day

Shaukat Khanum Student Ambassadors and volunteers celebrating World Health Day.

Please Deposit your Zakat, Sadqat and Donations at any of our Regional Offices given below

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Friends of Shaukat Khanum
in Scandinavia

SHAUKAT KHANUM
Online Qurbani

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THANK YOU FOR YOUR TRUST IN SHAUKAT KHANUM ONLINE QURBANI SERVICE

In 2022, your support enabled us to distribute approximately **492,600 kg** of meat to nearly **82,000** deserving families across Pakistan. Additionally, proceeds from the sale of animal hides were utilised for treatment of indigent cancer patients.

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